

9. Sun Care

The club is committed to ensuring that all children are fully protected from the dangers of too much sun. Severe sunburn in childhood can lead to the development of malignant melanoma (the most dangerous type of skin cancer) in later life.

We use the following procedures to keep children safe and healthy in the sun:

- Parents/Guardians need to provide a clearly named sun hat which will be worn at all times whilst outside in sunny weather. This hat will preferably be of legionaries design (i.e. with an extended back and side to shield children's neck and ears from sun) to provide additional protection
- Children must have their own factor 50 sun cream named and dated. The signed Parent Contract Terms and Conditions gives Parent/Guardian consent for our staff to apply the provided sunscreen. This enables children to have sun cream suitable for their own individual needs
- Children need light-weight cotton clothing suitable for the sun, with long sleeves and long legs if prone to sunburn
- Children's safety outside in the sun is the club's prime objective so staff will work closely with parents to ensure all appropriate cream and clothing is provided
- We will endeavour not to take children out in the sun between 11.15am – 2.15pm on hot days.

Children will always have sun cream applied before going outside in the sun and at frequent intervals during the day

- Children are offered cooled water more frequently throughout sunny or warm days and have free access to drinking stations at all times
- Children are made aware of the need for sun hats, sun cream and the need to drink more fluids during their time in the sun
- Staff will make day-to-day decisions about the length of time spent outside dependant on the strength of the sun

- Shade will be provided in the form of a covered area of the garden to ensure children are able to cool down or escape the sun should they wish or need to
- Regardless of ethnicity ALL children must wear factor 50 sun protection during the summer months, when accessing the outdoor areas.