

Happy Chatters Newsletter

MARCH 2025

Hello from the Happy Chatters team!

We've had another incredible month full of smiles, creativity, and meaningful progress. From heartwarming sessions to new connections and exciting plans ahead, here's what we've been up to! Welcome to Our March Update As spring begins, we're feeling hopeful and energised! March has brought us new faces, bright ideas, and beautiful progress across our sessions. Our team continues to support children through a child-led, Gestalt-informed approach, celebrating every word, gesture, and smile. A huge thank you to our families—your trust means everything to us. ^O

Meet Zynab – Autism Consultant & SLPA

We're excited to introduce Zynab Al Bahrani, our Autism Consultant and Speech & Language Practitioner, who leads the Berkshire/Buckinghamshire Language Development Centre at Happy Chatters.

Zynab is also the founder of Chapter Thirty Five, a support service for families of autistic children, offering 1:1 sessions, group work, and online workshops.

As a mum to two autistic boys, Zynab combines deep lived experience with specialist training. Her journey began when her eldest son was diagnosed and she faced the challenges of navigating support on her own. That experience led her to create safe, empowering spaces for other families.

Zynab is a certified Natural Language Acquisition (NLA) practitioner through Meaningful Speech, with advanced knowledge in Gestalt Language Processing. Her sessions are child-led and connection-focused, helping children communicate in ways that feel natural and meaningful to them. We're so proud to have her on the Happy Chatters team!



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New and Exciting at Happy Chatters

Easter Holiday Club is Back!

- BOOK NOW for our Easter Holiday Club!
- 📍 Aspire Leisure Centre, Stanmore

📅 8th, 11th & 15th April

9.15 AM – 2.30 PM

This club is specially designed for autistic children aged 5–10 with mild to moderate needs. From swimming and sensory play to bouncy castles and bubbles—it's all about FUN in a nurturing space!

- Siblings welcome (subject to availability)
- £85 with parent/carer | £100 without parent/carer

Limited spots available.



🍀 Star of the Month🗰

We're so proud of the wonderful progress Aiden has made in his time with us! When Aiden first joined, he used mostly single words and scripts, with strong sensory sensitivities. Now, with support through a Gestalt Language Processing (GLP) approach, he is showing growing engagement, improved focus, and is beginning to use language in a more meaningful way.

GLP has helped Aiden and his mum better understand his unique communication style. Through songs, routines, and play based on his interests, he's starting to connect words to actions, express preferences, and participate more during sessions. It's been beautiful to watch his confidence grow—we're all cheering him on!

⊗☆ Art Club Highlights! ☆⊗

Last week's Art Club for Autistic Girls was an absolute joy! The girls had a blast exploring paint—each artwork was a reflection of their beautiful personalities. From bold brushstrokes to calming textures, creativity filled the room. Even more special was the bonding between the girls—giggles, shared ideas, and gentle encouragement flowed naturally. was a safe space where they could truly be themselves. We're so proud of each one of them and can't wait to welcome them back again!



